



# Dress Code 2017–2018

Level(s)	Attire	Skirts & Belts	Shoes	Hair
<b>EARLY CHILDHOOD MOVEMENT</b>				
Shall We Dance	Comfortable clothes for moving around or light pink leotard & ballet pink tights	None	Bare feet or pink ballet slippers	Pulled away from face
Pre Ballet & Pre-Jazz At the Ballet (Girls)	Light Pink leotard & ballet pink tights	None	Pink ballet slippers	Secured Bun
Pre Ballet & At the Ballet (Boys)	White t-shirt, black pants or shorts	None	Black ballet slippers	N/A
Little Happy Feet	Comfortable clothes for moving around	None	Tap Shoes	Pulled away from face
Jumpin Jazz	Comfortable clothes for moving around	None	Jazz or ballet shoes	Ponytail
Pre-Jazz	Leotard & leggings Tights or biker	None	Jazz or ballet shoes	Ponytail

<b>BALLET</b>				
K	Black leotard & ballet pink tights	None	Pink ballet slippers	Secured Bun
Beginner 1,2 &3	Black leotard & ballet pink tights	None	Pink ballet slippers	Secured Bun
Beginner 4	Black leotard & ballet pink tights	Black, short, wrap skirt (optional)	Pink ballet slippers	Secured Bun
Teens	Black leotard & ballet pink or black tights	Black, medium length wrap skirt (optional)	Pink ballet slippers	Secured Bun
Intermediate 1 & 2	Mirella burgundy leotard & ballet pink tights	Mirella burgundy skirt #s12	Pink ballet slippers	Secured Bun
Intermediate 3 & 4	Mirella royal blue leotard & ballet pink tights	Mirella royal blue skirt #s12	Pink ballet slippers	Secured Bun
Advanced 1 & 2	Black leotard & ballet pink tights	Black wrap skirt medium length	Pink ballet slippers	Secured Bun
Stretch and Strengthen Pilates 1 & 2	Solid color leotard & pink or black tights	None	Bare feet	Hair Down
Adult Female Students	Solid color leotard & solid color tights	Optional skirt	Pink ballet slippers	Secured Bun
Male Students All Levels	White t-shirt (tight fitted) or white leotard & grey tights	Men: dance belt Men & Boys: canvas belt or heavy elastic to secure tights at waist	White socks and white ballet shoes	Pulled up if long
Variations	Black leotard & pink tights	Practice tutu <i>*See Instructor</i>	Pointe shoes	Secured Bun
Character Female Students	Solid color leotard & pink tights	Character Skirt <i>*See Instructor</i>	Black hard toe, leather sole, 1 1/2 or 2 in. heel character shoe	Secured Bun
Character Male Students	Same as ballet	Same as ballet	Black hard, leather sole character shoes	Pulled up if long

### BALLET DRESS CODE NOTES

Elastic sewn across each arch for all ballet slippers

Recommended brands for ballet slippers: Bloch, Capezio, Sansha, SoDanca

Not recommended brands for ballet slippers: Dancemates, Payless Shoes (too stiff)

All hair should be worn in a bun, secured with bobby pins and hairnet so it does not become loose in class (please ask the teacher for instructions)

All pink tights must be worn underneath the leotard and in pink ballet slippers

### IMPORTANT DANCE INFORMATION FOR MALES

All male students should wear boy's or men's tights. They fit better than tights designed for females and are thicker, therefore more opaque. Under the tights, do not wear bulky underwear. Instead, wear a seamless brief or a dance belt, which is a type of athletic supporter designed for male dancers.

Rather than t-shirts, males should consider athletic shirts with spandex or leotards that look like shirts, but stay tucked in much better. Buy leotards designed for boys or men so they will fit properly and be more comfortable.

### DRESS CODE QUESTIONS? Speak with your teacher or one of the discipline coordinators:

BALLET: Antonio Douthit-Boyd, adouthit-boyd@cocastl.org

EARLY CHILDHOOD, FITNESS, JAZZ, MUSICAL THEATRE DANCE, SOCIAL & CULTURAL DANCE, TAP: Kelly Ging, kging@cocastl.org

MODERN, HIP-HOP: Kirven Douthit-Boyd, kdouthit-boyd@cocastl.org

Level(s)	Attire	Shoes	Hair	Miscellaneous
<b>JAZZ &amp; MUSICAL THEATRE DANCE</b>				
Beginner 1, 2 & 3	Black leotard & footless tights; footless unitard; jazz pants; biker shorts	Jazz split sole shoes	Ponytail	NO: Denim, jeans or socks
Intermediate 1 & 2	Mirella burgundy leotard & footless tights; jazz pants; biker shorts	Jazz split sole shoes	Ponytail	NO: shirts or socks
Intermediate 3 & 4	Mirella Royal Blue leotard & footless tights; jazz pants; biker shorts	Jazz split sole shoes	Ponytail	NO: shirts or socks
Advanced	Black leotard & footless tights; footless unitard or jazz pants; biker shorts	Jazz split sole shoes	Ponytail	NO: shirts or socks
Teen & Adult	Leotards; footless tights; jazz pants; biker shorts	Jazz split sole shoes	Ponytail	NO: shirts or socks
Male Students	Black or white fitted t-shirt or leotard; jazz pants; biker shorts	Jazz split sole shoes	Hair pulled back	NO: shirts or socks

### HIP-HOP DANCE

Hip-Hop All Levels	Loose fitting clothing	Bring extra pair of closed toe sneakers that have not been worn outside	Ponytail	NO: street shoes or jeans
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### MODERN DANCE

Beginner Teen & Adult	Black leotard, black footless tights	Bare feet	Bun	NO: shirts or socks
Intermediate 1 & 2	Mirella burgundy leotard, black footless tight	Bare feet	Bun	NO: shirts or socks
Intermediate 3 & 4	Mirella Royal Blue leotard, black footless tights	Bare feet	Bun	NO: shirts or socks
Advanced	Black leotard, black footless tights	Bare feet	Bun	NO: shirts or socks
Male Students	Black or white fitted t-shirt or leo; black footless tights	Bare feet	Hair pulled back	NO: shirts or socks

#### MODERN DRESS CODE NOTE

All tights should be worn over leotard.

### TAP DANCE

Children Tap All Levels	Athletic wear or comfortable loose fitting clothes	Flat, tie up, or Mary Jane tap (black patent leather are preferred)	Ponytail	NO: denim or jeans
Adult Tap All Levels	Athletic wear or comfortable loose fitting clothes	Flat, lace-up (hard-soled, oxford style in black are preferred)	Ponytail	NO: denim or jeans

#### TAP DRESS CODE NOTE

Recommended brands are Capezio, Bloch, and SoDanca; Taps securely attached to shoe (avoid damage to floor); Preferably no split-soled shoes

### SOCIAL/CULTURAL DANCE

Cultural Dance All Levels	Comfortable, loose fitting clothes or leotard & tights	Bare feet	Ponytail	N/A
Social Dance All Levels	Clean appearance; NO: sweat pants, tennis shoes, or rubber soled shoes	Jazz, leather, or suede-soled	Ponytail	Mints & gum are appropriate

### FITNESS

Hip-Hop Heels	Athletic wear or comfortable clothes for moving around	Heels or sneakers	Ponytail	N/A
Cardio Ballet	Athletic wear or comfortable clothes for moving around	Ballet slippers or jazz shoes	Ponytail	N/A
Move for Your Health	Athletic wear or comfortable clothes for moving around	Bare feet or socks	Ponytail	N/A
Bollywood	Athletic wear or comfortable clothes for moving around	Bare feet	Ponytail	N/A

#### FITNESS DRESS CODE NOTE

Recommended to bring a towel and water bottle.

#### WHERE TO PURCHASE DANCEWEAR

Discount Dance Supply: [discountdance.com](http://discountdance.com), 1.800.328.7107  
 Weissman's: [dancewearsolutions.com](http://dancewearsolutions.com), 1.800.477.5410  
 Chesterfield: The Dance Bag, 64 Four Seasons Shopping Center, 314.435.9600  
 Kirkwood: Head to Toe Dancewear, 200 W. Argonne, 314.966.6258  
 Oakville: Shoes Unlimited & Dance Supply, 4236 Telegraph Rd., 314.892.3200  
 Fenton: On Pointe Dancewear, 948 Brookwood Center, 636.305.2090