

# 2026 Regional Summer Intensive Auditions

## Participating Programs

Updated January 6, 2026

Alabama Ballet  
American Midwest Ballet  
Ballet Chicago  
Ballet Hispánico School  
Bridgeman Academy  
Burklyn Ballet  
Charlotte Ballet  
Cincinnati Ballet  
COCA – Center of Creative Arts  
Dayton Ballet  
Deeply Rooted Dance Theater  
Fort Wayne Ballet  
Indianapolis School of Ballet  
Iowa Dance Collective  
Interlochen Arts Academy  
Kansas City Ballet  
Louisville Ballet  
Nashville Ballet  
Next Generation Ballet  
The Nutmeg Ballet Conservatory  
RESILIENCE Dance Company  
Rock School for Dance  
Ruth Page School of Dance  
Sacramento Ballet  
Saint Louis Ballet  
Saint Louis Dance Theatre  
Sarasota Ballet  
SIUE  
Webster University, Department of Dance



## Alabama Ballet

Birmingham, AL

[alabamaballet.org](http://alabamaballet.org)

### **Pas De Deux Intensive**

JUN 1–5

### **Classic Summer Intensive**

JUN 8–JUL 3

The Alabama Ballet Summer Program is a four-week intensive for intermediate and advanced students ages 11–19. Students attend daily ballet technique, pointe and variations, pas de deux and 4 Pointe Method classes, as well as modern dance, jazz and hip-hop classes.

Dancers auditioning may also be evaluated for Alabama Ballet's Day Program, a year-round conservatory program offering high quality technical and artistic training for advanced dancers. Designed for students available for morning and afternoon training (homeschool and online students).

Dancers auditioning may also be evaluated for Alabama Ballet's Second Company. Dancers work closely with and perform alongside the Main Company throughout the season.

*Accepted participants will be notified two business days after the audition. If you haven't heard from the program by Tuesday, please reach out to their Director of Operations, Natalie Hunt. The program will notify participants if they decide to decline acceptance.*



## American Midwest Ballet

Council Bluffs, IA

[amballet.org](http://amballet.org)

### American Midwest Ballet Summer Intensive – Full 3-Week Program

JUN 8–26

MON–FRI 9:30AM–4:45PM

SAT 9:30AM–12:00PM

Ages 11–25

### American Midwest Ballet Summer Intensive – One Week Program

JUN 8–13

MON–FRI 9:30AM–4:45PM

SAT 9:30AM–12:00PM

Ages 11–25

### American Midwest Ballet Junior Intensive

JUN 22–26

MON–FRI 9:30AM–4:45PM

Ages 10–13

The American Midwest Ballet Summer Intensive offers three intensive weeks of ballet, pointe, variations, jazz, modern, contemporary, and repertory for dancers ages 11–25. This challenging and rewarding program takes place at the beautiful Hoff Family Arts & Culture Center in Council Bluffs, Iowa – part of the vibrant Omaha metro area.

Summer Intensive participants immerse themselves in dance six days per week. They are guided by a faculty consisting of stellar guest instructors and company artists of American Midwest Ballet. On the final day, full program Summer Intensive and Junior Intensive students showcase what they've learned in a performance in the Hoff Center's fully-equipped theater.

Also offered: the Junior Intensive, a one-week program for dancers ages 10–13

*Accepted participants will receive notification by email within one month of their audition. The program will not notify participants if they decide to decline acceptance.*



## Ballet Chicago

Chicago, IL

[Balletchicago.org](http://Balletchicago.org)

Ballet Chicago is an internationally recognized training program known for its curriculum in the Balanchine tradition, emphasizing precision, artistry, and musicality.

### Summer Intensive Program

JUN 22–JUL 24

Ages 11+

Unlock your full potential this summer at Ballet Chicago's prestigious five-week Summer Intensive! Designed for dedicated dancers ages 11 and up, this transformative program offers world-class training under the expert guidance of Artistic Director Daniel Duell, School Director Patricia Blair, and Resident Choreographer Ted Seymour. With a curriculum rooted in the Balanchine tradition, students refine their technique through rigorous classes in pointe, variations, pas de deux (advanced levels only), Pilates, modern, and classical Spanish dance. Join us in an inspiring and focused environment where artistry meets discipline—and where every dancer is seen, challenged, and empowered to grow. The program concludes with a theater performance.

### Balanchine Advanced Repertory Workshop

JUL 27–AUG 7

Ages 11+

Ballet Chicago's two-week Balanchine Repertory Workshop is a perfect complement to our five-week Summer Intensive. Each year, students from cities across the U.S. come to Ballet Chicago to participate in this exceptional, accelerated training program. Dancers immerse themselves in learning and perfecting Balanchine repertory. They are coached daily to gain the strength, purity of line, musicality, self-confidence, and focus that allows them to transform classroom technique into artistry. The program concludes with a studio performance.

*Accepted participants will receive notification by email a week or two after their audition. The program will notify participants if they decide to decline acceptance.*



**The Ballet  
Hispanico School**

## **Ballet Hispanico School**

New York, NY

[Ballethispanico.org/school](http://Ballethispanico.org/school)

### **Pro-up Intensive**

JUN 16–27

For Dancers 18+ A unique, holistic program that shapes performance-focused dancers who are ready to advance their careers.

Program Highlights: Every year dancers who participate in our workshop have the opportunity to work with world renowned choreographers. For our 2026 Pro-Up we are honored to have Rena Butler guiding our students in the creation of new work.

Take daily classes in ballet, contemporary, improvisation, and movement invention. Create individual dance on film studies.

Learn Ballet Hispanico repertory with coaching from their artistic team. Perform in a culminating showcase performing Ballet Hispanico repertory and new works. Receive supportive feedback and guidance from artistic leaders in the field, including exclusive access to mentorship from the Ballet Hispanico artistic team. Attend forums on topics such as injury prevention, financial literacy & planning, networking, personal branding, and more.

### **Junior Summer Intensive**

JUL 6–31

For Dancers Ages 7-12

Pick the weeks that work for you—enroll in 1, 2, or all 4!

The Junior Summer Intensive program challenges students to develop their versatility by strengthening their Ballet, Spanish Dance, and Modern dance techniques. With an emphasis on holistic dance training, this summer intensive will develop the students' artistic skills through specialized forums and a rigorous schedule of diverse class offerings.

Classes include:

Ballet, Pre-Pointe & Pointe, Modern (Afro-Caribbean, Graham, or Limón), Jazz, Musical Theater, Dance History and Stretch & Conditioning.

Plus:

Spanish Dance series featuring world class guest faculty

Master classes in Hip-Hop and more

### **Summer Intensive**

JUL 6–31

For Dancers Ages 12-23

Pick the weeks that work for you—enroll in 1, 2, or all 4!

A pre-professional Summer Intensive in New York City that offers an unparalleled opportunity to refine technique, deepen artistry, and expand versatility. With rigorous training in classical ballet, Spanish dance, modern, and contemporary styles, students will be challenged to push their boundaries while honing the skills essential for a professional career.

Beyond the studio, a holistic approach to dance education ensures students gain industry insight and professional development through specialized forums and mentorship. Under the guidance of a world-class faculty, dancers train in an inspiring, supportive environment that fosters growth, discipline, and artistic excellence. This transformative summer experience is the next step in preparing for the demands of the dance world.

Classes\* Include:

Ballet, Pointe, Classical Variations, Modern, Classical and Contemporary Partnering, Graham, Limón, Dunham, Contemporary, Musical Theater, Hip-Hop, Salsa and Latin Rhythms, Ballet Hispánico Repertory, and Stretch & Conditioning.

Plus\*:

Spanish dance series featuring world class guest faculty

Master Classes in hip-hop, salsa, and more

Professional development including seminars on auditioning, opportunities in the field, and injury prevention

## **A Professional Studies Dance Program and BH2**

September 2026–June 2027

For Dancers Ages 15+

The Professional Studies Program is Ballet Hispánico School's premier full-time training experience for aspiring professional dancers ages 15 and up. Designed for artists ready to commit, grow, and perform, this immersive daytime program offers advanced training in ballet, contemporary, and Ballet Hispánico repertory—led by acclaimed faculty and guest choreographers.

Professional Studies Program is a powerful bridge between pre-professional training and the professional artist. Dancers train more hours, receive deeper mentorship, and take on performance opportunities across the tri-state area—gaining the tools, experience, and exposure needed to step confidently into a dance career.

Pa'lante Scholarships are available across the program, based on merit, dancers accepted into the Pa'lante Scholars program will be eligible to receive full-tuition awards. Apprentices and Trainees benefit from partial scholarships and tuition assistance, making this level of access possible for dedicated dancers of all backgrounds.

Professional Studies Program dancers will be auditioned to be part of BH2. Dancers will train intensively, perform frequently, and grow in a supportive, elite environment. This is where technique becomes artistry—and where careers begin.

*Accepted participants will receive notification by email. The program will not notify participants if they decide to decline acceptance.*



**Bridgeman Academy**

O'Fallon, MO

[Bridgemanarts.com](http://Bridgemanarts.com)

### **Summer Dance Intensive**

JUL 27–31, 9:00AM–4:00PM

AUG 3–7, 9:00AM–4:00PM

AUG 10–14, 9:00AM–4:00PM

AGES 11–17

The Bridgeman Academy Summer Intensive program is grounded in ballet technique while also giving students the opportunity to take classes in pointe or men's class, partnering, contemporary, jazz, and musical theatre dance. Alongside technique classes, students train daily in strength and flexibility through classes such as PBT (Progressing Ballet Technique), stretching, conditioning, and leaps & turns. The intensive is offered to students ages 11 and up and has 1-, 2-, and 3-week options. Students train with distinguished faculty and guest artists in a pre-professional environment designed to refine technique, artistry, and performance quality.

*Accepted participants will receive notification within 2–4 weeks of their audition. The program will not notify participants if they decide to decline acceptance.*





**Burklyn Ballet**

Johnson, VT

[Burklynballet.com](http://Burklynballet.com)

## **Burklyn Ballet Theatre Summer Intensive**

JUN 21–AUG 2

2, 3, 4, & 6-week options

Ages 11+

Burklyn Ballet Theatre is a summer intensive that provides the experience of being in a professional company. All participants perform weekly. Repertoire includes excerpts from the classics as well as new choreography. Teachers change weekly and include former ABT dancers, artistic directors, ballet masters, college professors, international teachers, and ballet mistresses. Classes include ballet technique, modern, jazz, contemporary, choreography, pointe, pas deux, men's class, variations, and character. Extra classes may include dance history, resume writing, make-up, tap, costume design, and writing for dance. Counselor student ratio is 1:6. Environment is quiet and safe. All facilities are within walking distance of each other on a small college campus. The program is located in the beautiful, inspiring mountain top setting of Vermont State University – Johnson Campus in Northern Vermont.

*Accepted participants will receive notification by email within 2 weeks of their audition. The program will notify participants if they decide to decline acceptance.*



## Charlotte Ballet

Charlotte, NC

[Charlotteballet.org](http://Charlotteballet.org)

### Charlotte Ballet Summer Intensive

Ages 11–22

#### Session A

JUN 22–JUL 25

#### Session B

JUN 29–JUL 25

Charlotte Ballet's Summer Intensive is recognized for its strong training, diverse classes, rigorous schedule and supportive faculty. At Charlotte Ballet, dancers are encouraged to refine their strength in classical ballet technique and explore new movement. The Academy uses the Summer Intensive as a time to evaluate dancers for acceptance into our year-round training program as a Trainee within the Pre-Professional Division. Dancers who wish to be considered for this program are required to attend our Summer Intensive.

Training six days a week, dancers ages 11–22 work with renowned resident and guest teachers, who are invested in each dancer's growth. The Summer Intensive concludes with the Summer Repertory Performances at Charlotte Ballet's Center for Dance.

*Accepted participants will receive notification by email within 5–7 business days following their audition. The program will notify participants if they decide to decline acceptance.*



## Cincinnati Ballet

Cincinnati, OH

[Cballnet.org/academy](http://Cballnet.org/academy)

### Summer Intensive

JUN 15–JUL 24

MON–FRI 9:30AM–5:00PM

Cincinnati Ballet's Summer Intensive partners with professionally aspiring students through an immersive dance experience designed to cultivate their individual potential. For six weeks, students step into a professional company environment where they benefit from full days of dance, the support of world-class faculty and a community of like-minded peers. Through intensive ballet curriculum, students hone their technical capacity supplemented by classes in diverse dance disciplines and topics to support the versatility required in today's dance world. Cincinnati Ballet's Summer Intensive also focuses intently on the development of students as dance artists through engagement in challenging repertoire and coaching by internationally renowned guest faculty, in addition to Cincinnati Ballet's artistic leadership. Open to students ages 12 and up. Acceptance by audition.

### Collegiate Intensive

JUN 15–JUL 24

MON–FRI 9:30AM–5:00PM

Cincinnati Ballet's Collegiate Intensive is an intimate training program produced in partnership with the University of Cincinnati's College-Conservatory of Music to serve the unique needs of serious dancers in pursuit of higher education. For six weeks, students train with world-renowned guest faculty as well as Cincinnati Ballet's artistic leadership and CCM's Undergraduate Dance Department faculty. With a foundational focus on ballet technique and performance, students also develop versatility in contemporary and modern. One-on-one mentoring and coaching are hallmarks of the program as students focus on careers or graduate programs upon college graduation. Cincinnati Ballet's Collegiate Intensive program takes place on campus at the University of Cincinnati. Open to students ages 18 and up. Acceptance by audition.

### Youth Summer Intensive

Dates TBD

MON–FRI 9:30AM–3:00PM

Cincinnati Ballet's Youth Summer Intensive provides young, aspiring dancers with an entrée into intensive summer training through programming designed to both challenge and inspire. With three divisions for students in developing phases of their training, Youth Summer Intensive provides individual attention and custom instruction appropriate for each level's

unique needs. The program features daily classes in ballet technique (including pointe work in Division III), instruction in other dance disciplines, and specialty workshops and experiences that foster a more comprehensive appreciation for each participant's development as both dancer and artist. Led by Cincinnati Ballet's experienced faculty, limited class sizes offer an intimate and nurturing environment to maximize student progress. Open to students ages 9–14. Acceptance by audition.

*Accepted participants will receive notification within 5–7 business days of their audition. The program will not notify participants if they decide to decline acceptance.*



COCA – Center of Creative Arts

St. Louis, MO

[Cocastl.org](http://Cocastl.org)

## **Ballet Studio**

JUN 29–JUL 17

9:30AM–4:00PM (No JUL 3)

Ages 9–15

The Ballet Studio is COCA's Junior Ballet Intensive for ages 9–15. This full-day program runs Monday through Friday (with no class on July 3) for three weeks (JUN 29–JUL17) and includes classes in ballet, modern, and character techniques. The ballet curriculum focuses on pirouettes, petite allegro, adagio, pre-pointe, and pointe (for those already on pointe). The Boys Ballet program emphasizes jumps and turns. Students also concentrate on elements that enhance their training as performing artists, including musicality, expressive movement, and character development. One classical ballet is selected for in-depth study, and dancers learn the process of preparing for a performance, which includes both ensemble pieces and variations from the ballet.

The intensive is divided into two sections based on each dancer's ability. Participants must have completed Ballet II, IIA, III, IV, or V (if currently enrolled at COCA), or have completed three years of classical ballet training, ages 7 and older. The program culminates in a free performance open to family and friends on Friday, July 17.

*Accepted participants will receive notification within 2 weeks of their audition. The program will notify participants if they decide to decline acceptance.*

DAYTON PERFORMING ARTS ALLIANCE



**Dayton Ballet**

Dayton, OH

[Daytonperformingarts.org](http://Daytonperformingarts.org)

## **Dayton Ballet Summer Intensive**

JUL 6–AUG 2

Ages 13+

In partnership with Wright State University, Dayton Ballet's Summer Intensive is a 4-week program providing high-quality training in an encouraging, nurturing, and motivating environment. Dancers will have the opportunity to strengthen and improve their technique, which will continue to prepare them for a professional career in dance.

Dancers will be training at the beautiful studios at Wright State University. Our smaller classes will provide more one-on-one attention and ensure each dancer's maximum artistic and technical growth. Dancers will study ballet, pointe, variations, Men's Technique, partnering, and ballet repertoire as well as complementary dance styles such as modern, contemporary, Pilates, and yoga.

Our Summer Faculty includes Dayton Ballet Artistic staff, Dayton Ballet Company Artists, and guest faculty from ballet companies around the U.S.

Supervised housing and meals will be available at Wright University, where all dance classes will be held. Dorm students will be provided with Breakfast, Lunch, and Dinner and have access to on-campus recreational facilities, and weekend excursions such as King's Island and Carillon Park among other places. Dancers participating for the full four weeks will culminate their experience with a showcase performance at Wright State University. Dancers participating in the two-week program will have a class demonstration to culminate their experience.

*Accepted participants will receive notification by March 15. The program will not notify participants if they decide to decline acceptance.*



## Deeply Rooted Dance Theater

Chicago, IL

[deeplyrooteddancetheater.org](http://deeplyrooteddancetheater.org)

### Deeply Rooted's Summer Dance Intensive

JUN 8–JUL 18

Performance Dates: JUL 17–18

Ages 11+

Deeply Rooted's Summer Dance Intensive (SDI) offers technical training and artistic development within the discipline of dance. Participants experience a rigorous curriculum fostering learning and personal growth, along with opportunities to learn the company's repertory through workshops and performances. The curriculum includes classes based in Horton, Graham, ballet, and contemporary movement. The curriculum also features The Continuum, a series of guided, conversations on self-awareness and personal growth informed by each participant's creativity and artistic process.

*Accepted participants will receive notification via email within 3 weeks of the audition. The program will notify participants if they decide to decline acceptance.*



## Fort Wayne Ballet

Fort Wayne, IN

[Fortwayneballet.org](http://Fortwayneballet.org)

### Fort Wayne Ballet Summer Intensive

JUN 8–26

Ages 12+

Dancers will spend three weeks training with Fort Wayne Ballet to improve their technique in multiple styles including ballet, pointe, variations, men's classes, jazz, modern, contemporary, musical theatre, partnering, character, and more. As well as craft their artistry, and learn from some of the nation's top instructors. On top of their dance classes, they will have seminars in everything from dance history and terminology, to injury prevention and dancer wellness. Dancers have the opportunity to perform at the end of the intensive to showcase their achievements.

*Accepted participants will receive notification within 3 weeks of their audition. The program will notify participants if they decide to decline acceptance.*





**INDIANAPOLIS  
BALLET**

## Indianapolis School of Ballet

Indianapolis, IN

[indyballet.org](http://indyballet.org)

### Indianapolis School of Ballet Summer Intensive

JUN 22–JUL 16

MON–FRI 9:00AM–4:00PM

SAT 10:00AM–1:00PM

1–4 week sessions available

Ages 11+

Designed for dedicated, career-focused dancers, this immersive 4-week experience offers weeks of all-day training that challenges you to grow technically, artistically, and personally. With a comprehensive curriculum that includes ballet technique, partnering, Pilates, nutrition, professional development, and more, you'll be guided by expert faculty in a supportive, close-knit environment.

Live just steps from world-class arts and cultural attractions on the IU Indianapolis campus, and build lasting friendships with passionate dancers from across the country. Whether you're aiming for a trainee program or simply ready to push your limits, this unforgettable summer will move you closer to your goals as a dancer and artist.

*Accepted participants will receive notification via email two weeks after their audition date. The program will notify participants if they decide to decline acceptance.*



## Iowa Dance Collective

Fairfield, IA

[iowadancecollective.com](http://iowadancecollective.com)

### Iowa Dance Collective Summer Intensive

JUL 6–10

JUL 13–17

JUL 20–24

Ages 11+

The Iowa Dance Collective Summer Intensive is a focused, high-level training experience for dedicated dancers seeking depth, clarity, and artistic growth. Offered in our new state-of-the-art facility, the program centers on our Core 3—Ballet, Modern, and Contemporary—with Ballet taught daily, providing a rigorous and well-rounded technical foundation.

The intensive runs Monday–Friday, 9:00 AM–4:30 PM and is structured over three distinct weeks, each with a clear artistic focus:

- Week 1: Ballet Week
- Week 2: Contemporary Week
- Week 3: Modern Week

This rotating focus allows dancers to fully immerse themselves in each discipline while maintaining consistent technical training throughout the program. Offered at two levels—Intermediate and Advanced, dancers are placed with peers who align in technical level, work ethic, and artistic maturity. Training is led by IDC's highly qualified faculty alongside guest artists, offering both continuity and exposure to diverse professional perspectives.

Throughout the intensive, students will learn original choreography and selected professional repertoire, culminating in an informal showcase each Friday. These showings give dancers the opportunity to apply their training in a performance setting while building confidence, artistry, and stage presence.

For out-of-town dancers, boarding is available through our partnership with Maharishi School, and a meal plan is offered in partnership with Everybody's Whole Foods Cafe, ensuring dancers are fully supported throughout their training. This is not a casual summer program—it is an immersive, intentional training experience for dancers who are serious about their growth and ready to invest in the work.

*Accepted participants will receive notification in mid-March–mid April. The program will notify participants if they decide to decline acceptance.*



## Interlochen Arts Academy

Interlochen, MI

[Interlochen.org](http://Interlochen.org)

### **Classical Ballet Intensive**

1 week ballet intensive for high school students.

Classes include: Ballet, Modern, Pointe, Men's Technique, Variations, Repertory.

Grades 9–12

JUN 20–26

### **Classical Ballet Summer Program**

3 week summer program

Classes include: Ballet, Modern, Pointe, Men's Technique, Variations, Repertory.

Grades 6–12

Session 1: JUN 28–JUL 18

Session 2: JUL 19–AUG 9

### **Contemporary Dance Intensive**

1 week contemporary dance intensive for high school students. Classes include: Modern, Repertory, Improvisation and Composition, Jazz, Body Conditioning, Audition Preparation

Grades 9–12

JUN 20–26

### **Contemporary Dance Summer Program**

3-week summer program

Classes include: Modern, Improvisation and Composition, Jazz, Ballet, Body Conditioning, Repertory

Grades 6–12

Session 1: JUN 28–JUL 18

Session 2: JUL 19–AUG 9

### **Hip-Hop Intensive**

1-week intensive for high school students focused on breaking, locking and popping. Focus on arm and leg coordination, rhythm and movement and improvisation.

Grades 9–12

JUN 20–26

### **Interlochen Arts Academy**

SEP–MAY

Students at our Arts Boarding School receive pre-professional dance training while attending a

college prep high school. In addition to training with our world-renowned faculty, students dance in 5 performances a year and benefit from 20+ visiting guest artists.

*Accepted participants will be notified within 3–4 weeks of the audition. Admitted students will receive an invitation via email to apply to our summer program. We will also be evaluating students for our high school program, Interlochen Arts Academy. Admitted students will also be notified within 3-4 weeks and invited to officially apply to the Academy.*

*The program will not notify participants if they decide to decline acceptance.*



## Kansas City Ballet

Kansas City, MO

[Kcballet.org](http://Kcballet.org)

### Junior Summer Intensive

June 1–19

MON–FRI 9:00AM–4:00PM with final demonstration

Ages 9–14

This three-week program offers students ages 9-14 a rigorous and comprehensive study of ballet technique and exposure to a broad variety of dance styles in a nurturing and positive environment.

### Summer Intensive

June 22–JUL 24

MON–FRI 9:00AM–5:00PM with final demonstration

Ages 12–22

This five-week program offers students ages 12-22 a rigorous and comprehensive study of ballet technique and exposure to a broad variety of dance styles in a nurturing and positive environment.

### ChoreoLab: Mover Track

JUL 27–AUG 1 with final performance

Ages 17–22

One-week simulated company experience working in the creation of 2-3 new works with both student and professional choreographers.

*All eligible auditioning dancers will be emailed their results within 2 weeks of auditioning. The program will notify participants if they decide to decline acceptance.*



## Louisville Ballet

Louisville, KY

[Louisvilleballet.org/intensive](http://Louisvilleballet.org/intensive)

### Louisville Ballet Summer Intensive

JUN 15–JUL 20 (Levels A&B)

Ages 12+

2-week only options (Levels C&D only)

JUN 15–27

JUN 20–JUL 10

Ages 12+

Louisville Ballet Summer Intensive gives aspiring dancers the opportunity to train like professionals. With our inspiring facilities and world-renowned faculty, dancers will hone their technique and build strength all within an inclusive, encouraging and motivating environment. Our limited class sizes ensure one-on-one faculty attention in daily technique classes, pointe and variations, pas de deux, dedicated men's classes and men's gym, daily conditioning class, yoga, pilates, modern/contemporary, musical theater and medical seminars.

*Accepted participants will receive notification by email within 2 weeks of audition. The program will notify participants if they decide to decline acceptance.*



## Nashville Ballet

Nashville, TN

[Nashvilleballet.com](http://Nashvilleballet.com)

### Nashville Ballet Summer Intensives

Junior Intensive JUN 8–12

Contemporary Intensive JUN 8–12

Session I JUN 8–12

Session II JUN 8–19

Session III JUN 29–JUL 18

Session IV JUN 15–26

Session V JUN 29–JUL 18

Session VI JUN 15–JUL 18

Company Immersion Intensive JUN 15–JUL 18

Ages 9+

School Directors, Jennifer and Dmitri Kulev, lead an outstanding faculty whose expert knowledge gives you the tools to fuel your passions and ignite your future. Strengthen your technique and explore your full potential in a supportive environment and a fun, safe city.

Classes typically meet Monday through Saturday. A placement class will occur on the first Monday of the Summer Intensive session. Class times will vary depending on the level you are placed in; all are approximately from 9 a.m. to 4:30 p.m. Saturday classes will be held from approximately 10 a.m. to 1 p.m. Students are expected to attend all classes offered in their assigned level. Any exceptions must have prior permission from the Intensive Manager. Class times are subject to change.

The curriculum will include floor barre, Pilates, conditioning, technique, pointe, grand allegro, partnering, contemporary ballet, variations, improv, character, and more!

*Accepted participants will receive notification by email within 2 weeks of their audition. The program will notify participants if they decide to decline acceptance.*



## Next Generation Ballet

Tampa, FL

[strazcenter.org/patel-conservatory/dance/next-generation-ballet/summer-intensives/](http://strazcenter.org/patel-conservatory/dance/next-generation-ballet/summer-intensives/)

### Next Generation Ballet Summer Intensive

Ages 11+

#### 5-week program:

JUN 15–JUL 17

#### 3-week program:

JUN 29–JUL 17

#### 2-week program:

JUN 15–27

Next Generation Ballet (NGB) is part of the David A. Straz, Jr. Center for the Performing Arts in Tampa, Florida- one of the largest performing arts centers in the United States.

The NGB Summer Intensive offers 30 to 35 hours of weekly instruction, combining a rigorous dance schedule with a structured, safe environment and the opportunity to perform on a world-class stage. The program also includes weekly activities such as educational seminars, movie nights and Sunday excursions to theme parks.

Students receive personalized attention, accommodation in a dormitory within walking distance and a comprehensive meal plan. Advanced students may audition for the prestigious NGB Trainee Program.

Ballet West Academy will join Next Generation Ballet as a special affiliate. Ballet West will be managing the housing aspect of the program.

*Accepted participants will receive notification by email within 2 weeks of their audition. The program will not notify participants if they decide to decline acceptance.*



THE NUTMEG BALLET CONSERVATORY

# The Nutmeg Ballet Conservatory

Torrington, CT

[Nutmegconservatory.org](http://Nutmegconservatory.org)

## Pre-Professional Training Programs

June Pre-Professional Two Week Training Program

Ages 10–14

JUN 15–28, 2026

The June Pre-Professional Program is designed for highly motivated younger dancers. This intensive course includes: Classical Ballet Technique, Pointe, Men's Technique, Partnering, Male and Female Solo Variations, Repertoire, Modern Dance, Body Conditioning/Pilates and Ballet Theory. A demonstration performance will be held on the final Friday of this program in The Nutmeg's Premiere Studio.

July Pre-Professional Four Week Training Program

Ages 13–21

JUN 29–JUL 26, 2026

The July program is intended for professionally-oriented dance students desiring to progress in both technical and performance skills. This intensive program offers training in Classical Ballet Technique, Pointe, Partnering, Male and Female Solo Variations, Men's Technique, Repertoire, Modern Dance, Body Conditioning/Pilates and Ballet Theory. The program will culminate with showcase performances.

August Pre-Professional Two Week Training Program

Ages 13–21

JUL 27–AUG 9, 2026

The August program is designed for highly motivated dancers wishing to be in optimum condition upon entering their fall training or professional positions. This intensive course includes: Classical Ballet Technique, Pointe, Men's Technique, Partnering, Male and Female Solo Variations, Repertoire, Modern Dance, Body Conditioning/Pilates and Ballet Theory. A demonstration performance will be held on the final Friday of this program in The Nutmeg's Premiere Studio.

*Accepted participants will receive notification by email within 2–3 weeks of their audition. The program will not notify participants if they decide to decline acceptance.*



## RESILIENCE Dance Company

St. Louis, MO

[Resiliencedancecompany.com](http://Resiliencedancecompany.com)

### Summer Intensive

JUN 23–28

Ages 11–18

9:00AM–4:00PM

### Pre-Professional Intensive

JUN 22–28

Ages 14–18+

9:00AM–4:00PM

### Choreographic Intensive

JUL 6–11

Ages 14–18

9:00AM–4:00PM

Discipline: Contemporary Modern

Classes Offered: Contemporary, Modern, Countertechnique, Ballet, Improvisation, Composition, Contemporary Partnering

Choreographic Processes and Wellness Workshops included.

Each Summer, RESILIENCE Dance Company hosts multiple, week-long summer programs designed for middle and high school students. Programs are designed to foster growth in an environment that is both rigorous and nurturing, to expand students' technical and artistic experiences, and to equip dancers with pre-professional resources including workshops in injury prevention, mental health and dance, resume building, and more.

*The Summer Intensive program is open registration for students 11–18 and does not require an audition.*

*The Pre-Professional and Choreographic Intensive applicants will receive an email within one month of the audition with their decision, regardless of whether they've been accepted or turned down.*

*The program will notify participants if they decide to decline acceptance.*



## Rock School for Dance

Philadelphia, PA

[Therockschool.org](http://Therockschool.org)

Ballet Intensive (2 weeks)  
Philadelphia JUN 28–JUL 10  
West Chester JUN 29–JUL 10

Ballet Intensive (3 weeks)  
Philadelphia JUL 13–31  
West Chester JUL 13–31

Ballet Intensive (5 weeks)  
Philadelphia JUN 27–AUG 1  
West Chester JUN 28–AUG 1

Contemporary Intensive (1 week)  
Philadelphia AUG 4–8  
West Chester AUG 3–7

The Rock School's 2026 Ballet Intensive features personalized attention from an award-winning faculty in state-of-the-art facilities in Philadelphia and West Chester, PA. Designed for motivated students aged 9 to 18, the program offers classes in ballet technique, jumps and turns, pointe (for ladies ages 11+), partnering, contemporary, and pilates. Students can choose from 2, 3, or 5-week sessions. Dancers are assigned a location by the artistic staff.

The Rock School's 2026 Contemporary Intensive will foster both technical and artistic exploration through training that reflects the diverse nature of contemporary dance today. Led by a world-class faculty, students will be challenged to investigate their technique and open their minds to innovative ways of approaching movement. Designed for motivated students, this 1-week program will offer classes in codified contemporary techniques, while also introducing the dancers to repertory and composition. Additionally, an informal showcase of the learned repertory will be staged at the conclusion of the intensive.

*Accepted participants will receive notification within 2–3 weeks of their audition. The program will notify participants if they decide to decline acceptance.*



Ruth Page School of Dance

Chicago, IL

[Ruthpage.org](http://Ruthpage.org)

## The International Dance Experience

JUN 22–JUL 18

MON–FRI 9:00AM–5:00PM

SAT 9:00AM–1:00PM

- or combination of fewer weeks - 1, 2, or 3 of the above weeks!

Ages 11+

Ruth Page School of Dance International Dance Experience (IDE) is a rigorous 4-week summer intensive program designed to develop the technique and artistry of intermediate to professional dancers. With guest artists and dancers from around the world, participants gain unique global perspectives and train over 40 hours a week in classical and contemporary styles in a multi-lingual setting.

Weekly repertoire and new works set by international guest artists.

Training in ballet, pointe, pas de deux, modern/contemporary, Pilates, floor barre, jazz, hip hop, Afro-Cuban and more.

Wellness-focused dance education series.

End of program performance.

*Accepted participants will receive notification by email within 2 weeks of their audition. The program will notify participants if they decide to decline acceptance.*



**Sacramento Ballet**

Sacramento, CA

[Sacballet.org](http://Sacballet.org)

## **Sacramento Ballet Summer Intensive 2025**

### **Senior Intensive**

JUN 8–JUL 10

MON–FRI 9:30AM–5:00PM

SAT 9:30AM–1:00PM

Ages 14–21

### **Junior Intensive**

JUL 13–JUL 31

MON–FRI 9:30AM–3:30PM

Ages 10–13

Join us for a deep immersion to further a serious dancer's training in ballet technique, pointe, male/female variations, pas de deux, modern dance, contemporary dance, body conditioning, choreography, workshops and performance. Meet other artists with the same passion while having fun in a nurturing environment.

Students will be dancing at the studios 5½ days per week. A typical day will consist of the following classes between 9:30AM–5:00PM:

- Technique Class
- Pointe/Variations, Pas de deux
- Choreography Workshop or classical repertoire
- Other genres and special classes like modern, contemporary, jazz, pilates, and more

The Junior Intensive hours are 9:30AM–3:30PM MON–FRI.

Housing options are available for the Senior Intensive.

We look forward to seeing you in beautiful Northern California for a summer of technique, creativity and inspiration!

*Accepted participants will receive notification by email within 2 weeks of their audition. The program will notify participants if they decide to decline acceptance.*





## Saint Louis Ballet

Chesterfield, MO

[stlouisballet.org/allsummer](http://stlouisballet.org/allsummer)

### Saint Louis Ballet's Summer Intensive

BALLET 5/6: AGES 11–14

JUN 15–19 M–F

JUN 22–26 M–F

JUN 29–July 3 M–F

(brand new level 6's)

BALLET 1/2: AGES 7–8

2 CLASSES PER DAY

JUN 15–19 M–F

JUN 22–26 M–F

JUL 6–10 M–F

BALLET 5/6/7: AGES 11–16

JUL 6–10 M–F

JUL 13–17 M–F

BALLET 3/4: AGES 9–11

3 CLASSES PER DAY

JUN 15–19 M–F

JUN 22–26 M–F

JUN 29–July 3 M–F

JUL 6–10 M–F

JUL 13–17 M–F

BALLET 6/7/8: AGES 14–18

JUN 15–19 M–F

JUN 22–26 M–F

JUN 29–July 3 M–F

The Summer Intensive Program is a daytime program for dancers ages 7–21, designed for those seeking to refine their skills, receive formal ballet technique training, and explore other dance genres in a fun and educational setting. Each level begins with a daily ballet technique class, followed by a variety of classes in different styles throughout the week. Taught by esteemed local and guest faculty, this program offers students an extensive and enriching dance experience.

Disciplines taught (vary by week and level): ballet, variations, pointe, jazz, contemporary, ballroom, conditioning, musical theater

*Auditions are not required. Registration opens early February 1. Students should register in their age group. If uncertain, please call the office to discuss temporary placement. On the first day of each week students are evaluated for correct level placement. Students may register for 1 or all weeks available to them at their age/level.*



## Saint Louis Dance Theatre

St. Louis, MO

[Stldancetheatre.org](http://Stldancetheatre.org)

### Saint Louis Dance Theatre Summer Intensive Program

JUL 6–17

9:00AM–5:00PM

Ages 11–18+

Students will receive full-day focused training in ballet, jazz, and contemporary techniques, as well as new choreography and company repertoire taught by artists from Saint Louis Dance Theatre and renowned guest faculty. Each session culminates in a showcase for friends and family.

*Accepted participants will receive notification by email within 2 weeks of audition. The program will not notify participants if they decide to decline acceptance.*





## Sarasota Ballet

Sarasota, FL

[Sarasotaballet.org](http://Sarasotaballet.org)

### The Sarasota Ballet Summer Intensive

JUN 22–JUL 25

Ages 11+

The Sarasota Ballet Summer Intensive is specially designed to holistically develop every student's technique alongside artistry. Our renowned and nurturing faculty create an inclusive environment where students will flourish and come away with an experience they will never forget.

Students are guided through a core curriculum including classical and modern technique, variations, repertoire, pas de deux (for older students) and supplementary classes in jazz, character, mime and dance history. Cross-training is also offered with Progressing Ballet Technique, Pilates and yoga.

*Accepted participants will receive notification within 2 weeks of their audition. The program will notify participants if they decide to decline acceptance.*

**SOUTHERN ILLINOIS UNIVERSITY  
EDWARDSVILLE**

**SIUE**  
Edwardsville, IL  
[siue.edu](http://siue.edu)

## **SIUE Summer Intensive**

AUG 3–7

Ages 13+

SIUE Summer Intensive (on SIUE's campus) is a week-long intensive focusing on multiple genres of dance as well as workshops in anatomy and injury prevention, choreography and repertory, career related topics, and dance conditioning. Students will take classes in ballet, modern, jazz, hip-hop, Countertechnique, and improvisation and partnering. The week culminates in a performance in Dunham Theater.

*Accepted participants will receive notification by email within 2 weeks of audition. The program will not notify participants if they decide to decline acceptance.*



## Webster University, Department

### of Dance

St. Louis, MO

[Webster.edu/dance](http://Webster.edu/dance)

Webster University's Department of Dance presents three exciting on-campus summer dance intensives for intermediate and advanced dancers.

### **Webster University Senior Summer Dance Intensive**

JUL 20–24

9:30AM–5:00PM Daily

Jean and Wells Hobler Center for Dance, Loretto Hilton Center

Tuition: \$450

On-campus housing available

Our five-day senior program is for intermediate and advanced high school-aged dancers. Dancers will be challenged technically and artistically through five daily classes in various styles taught by Webster Dance faculty and professional artists from the region. In addition to daily ballet and contemporary classes, students will train in jazz, musical theatre dance, improvisation, hip-hop, aerial, and more. Daily lunchtime discussions will explore topics important to aspiring dancers, including audition tips, injury prevention and treatment, and dance in college and beyond. The intensive concludes with an in-studio showcase open to family and friends.

### **Webster University Junior Summer Dance Intensive**

JUL 27–30

9:30AM–4:00PM Daily

Jean and Wells Hobler Center for Dance, Loretto Hilton Center

Tuition: \$350

The Junior Summer Dance Intensive is for middle school-aged dancers of an intermediate or advanced level who are interested in supplementing their existing dance training. Dancers will take five classes each day in a variety of styles including daily ballet and contemporary classes along with jazz, musical theatre dance, improvisation, hip-hop, aerial, and more. Lunchtime discussions will address topics important to developing dancers including injury prevention, perfectionism vs. excellence, and dance in high school and beyond. The intensive concludes with an in-studio showcase open to family and friends.

## Webster University Mini Summer Dance Intensive

JUL 31–AUG 2

9:30AM–2:30PM

Jean and Wells Hobler Center for Dance, Loretto Hilton Center

Tuition: \$250

Our three-day Mini Summer Dance Intensive is for rising third through fifth-grade students with previous and consistent dance training. Each day, dancers will take five classes in various styles, including ballet, contemporary, jazz, tap, hip-hop, improvisation, aerial, and more. Daily lunch discussions will address dance terminology, history, and injury prevention. The intensive concludes with an in-studio showcase open to family and friends.

*Webster's programs do not require an audition. Participants will be invited to their programs within 2 weeks of RSIA. The program will notify participants if they decide to decline acceptance.*