

COCA DRESS CODE

COCA accepts gender-neutral dance attire in our classes. Dancers may select which option is most comfortable. Dancers should wear clothing that is form-fitting for instructors to see alignment and allows movement without restriction. Attire should provide proper coverage, including through movement.

BALLET			
Level(s)	Attire	Shoes	Hair
Pre-Primary IA Pre-Primary IB Primary IA	Pink leotard with attached skirt & pink or skin-tone ballet tights OR White T-shirt and black pants or shorts	Pink or skin-tone ballet slippers with leotard; Black ballet slippers with T-shirt	Secured bun or pulled up (if long)
Primary IB (5–6) Primary IC (6–9)	Butter leotard with attached skirt & pink or skin-tone ballet tights OR White T-shirt and black pants or shorts	Pink or skin-tone ballet slippers with leotard; Black ballet slippers with T-shirt	Secured bun or pulled up (if long)
Ballet I (7–11) Ballet IA (8–14)	Turquoise leotard, turquoise skirt, & pink or skin-tone ballet tights OR Fitted white T-shirt and grey tights/unitard	Pink or skin-tone ballet slippers with leotard; White socks, white ballet shoes with T-shirt	Secured bun or pulled up (if long)
Ballet II (9–18) Ballet IIA (10–18) Ballet III (11–18)	Raspberry leotard, raspberry skirt, & pink or skin-tone ballet tights OR Fitted white T-shirt and grey tights/unitard	Pink or skin-tone ballet slippers with leotard; White socks, white ballet shoes with T-shirt	Secured bun or pulled up (if long)
Ballet IV (12–18) Ballet V (13–18)	Dark red leotard, dark red skirt, & pink or skin-tone ballet tights OR Fitted white T-shirt and grey tights/unitard	Pink or skin-tone ballet slippers with leotard; White socks, white ballet shoes with T-shirt	Secured bun or pulled up (if long)
Ballet VI/VII (14 & up)	Black leotard (camisole or tank); Black wrap skirt, medium length; practice tutu may be needed for variations (see instructor); & pink or skin-tone ballet tights OR Fitted white T-shirt and grey tights/unitard	Pink or skin-tone ballet slippers with leotard; White socks, white ballet shoes with T-shirt	Secured bun or pulled up (if long)
Conditioning for Dancers	Solid color leotard & pink or skin-tone ballet tights OR Fitted white T-shirt and grey tights/unitard	Bare feet	Hair down
All Teen & Adult	Solid color leotard & pink or skin-tone ballet tights, or fitted activewear; skirt optional OR Fitted white T-shirt and grey tights/unitard	Pink or skin-tone ballet slippers with leotard; White socks, white ballet shoes with T-shirt	Secured bun or pulled back (if long)
Character	Solid color leotard, character skirt (see instructor) & pink or skin-tone ballet tights OR Fitted white T-shirt & grey tights/unitard	Black hard toe, leather sole, 1½- or 2-inch heel character shoe with leotard; White socks, white ballet shoes with unitard	Secured bun or pulled up (if long)
Dance for Boys	Fitted white T-shirt & grey tights/unitard	White socks, white ballet shoes	Pulled up (if long)
Intermediate Allegro/Allegro Classes	Fitted white T-shirt & grey tights/unitard Dance belt; canvas belt or heavy elastic to secure tights at waist	White socks, white ballet shoes	Pulled up (if long)

BALLET DRESS CODE NOTES:

- Pink or skin-tone ballet tights and ballet shoes should be worn. Elastic sewn across each arch for all ballet slippers. Recommended brands for ballet slippers: Bloch, Capezio, Sansha, SoDanca. Not recommended brands for ballet slippers: Dancemates.
- All ballet tights must be worn underneath the leotard and in ballet slippers.
- All hair should be worn in a bun, secured with bobby pins and hairnet so it does not become loose (ask the teacher for instructions).
- Levels Pre-Primary IA–Primary IC students should have a cap or tank sleeve leotard with attached skirt in appropriate colors.
- Levels Ballet I–Ballet V students can choose from camisole or tank leotards in appropriate colors.
- Tights labeled for “boys” or “men” are thicker, therefore more opaque, and may be necessary to provide adequate coverage. Under the tights, do not wear bulky underwear. Instead, wear a dance brief or a dance belt, which is a type of athletic supporter. Form-fitting T-shirts, athletic shirts with spandex, or leotards that look like shirts stay tucked in much better. Leotards labeled for “boys” or “men” offer a different fit and may be more comfortable for some.

EARLY CHILDHOOD

Level(s)	Attire	Shoes	Hair
Pre-Primary IA Pre-Primary IB Primary IA	Pink leotard with attached skirt & pink or skin-tone ballet tights OR White T-shirt and black pants or shorts	Pink or skin-tone ballet slippers with leotard; Black ballet slippers with T-shirt	Secured bun or pulled up (if long)
Little Happy Feet	Comfortable clothes for moving around	Tap shoes	Ponytail (if long)
Pre-Jazz	Leotard & leggings/tights/biker shorts	Jazz or ballet shoes	Ponytail (if long)

EARLY CHILDHOOD DRESS CODE NOTE:

Pre-Primary IA–Primary IC students should have the cap or tank sleeve leotard with attached skirt in appropriate colors.

JAZZ & MUSICAL THEATRE DANCE

Level(s)	Attire	Shoes	Hair
All students (all levels)	Black leotard & footless tights; footless unitard; jazz pants; biker shorts OR Black or white fitted shirt or leotard & black jazz pants or biker shorts	Black jazz split sole shoes	Ponytail (if long)

HIP-HOP

Level(s)	Attire	Shoes	Hair
All students (all levels)	Loose fitting clothing (no denim)	Bring an extra pair of closed toe sneakers that have not been worn outside; No street shoes	Ponytail (if long)

MODERN

Level(s)	Attire	Shoes	Hair
All students (all levels)	Black leotard & black footless tights OR Black or white fitted shirt or leotard & black footless tights or biker shorts; dance belt if needed	Bare feet	Secured bun or pulled up (if long)

MODERN DRESS CODE NOTE:

All tights should be worn over leotard.

TAP

Level(s)	Attire	Shoes	Hair
Tap Beginner I–Tap I	Athletic wear (NO jeans)	Flat, tie up, Oxford or Mary Jane tap shoe (black preferred)	Ponytail (if long)
Tap II & above (adult students)	Athletic wear (NO jeans)	Flat, lace up, oxford style tap shoe (black preferred)	Ponytail (if long)

TAP DRESS CODE NOTE:

Recommend Capezio, Bloch, and SoDanca brands; Taps securely attached to shoe (avoid damage to floor); Preferably no split-soled shoes

SOCIAL/CULTURAL DANCE

Level(s)	Attire	Shoes	Hair
Cultural Dance (all levels)	Comfortable, loose fitting clothes OR leotard & tights	Bare feet	Ponytail (if long)
Social Dance (all levels)	Clean appearance (NO sweat pants, tennis shoes or rubber soled shoes)	Jazz, leather or suede soled shoes	Ponytail (if long)

WHERE TO PURCHASE DANCEWEAR:

Discount Dance Supply | discountdance.com | 1.800.328.7107
 Head to Toe Dancewear | 200 W. Argonne | 314.966.6258
 Madison's Dancewear | 161 Long Rd, Suite 100 | 636.537.5456

St. Louis Dancewear | 9644 Olive Blvd. | 314.733.5678
 The Dance Bag | 64 Four Seasons Shopping Center | 314.435.9600