

COCA DRESS CODE

COCA accepts gender-neutral dance attire in our classes. Dancers may select which option is most comfortable. Dancers should wear clothing that is form-fitting for instructors to see alignment and allows movement without restriction. Attire should provide proper coverage, including through movement.

| BALLET | | | |
|--|--|---|--------------------------------------|
| Level(s) | Attire | Shoes | Hair |
| Pre-Primary IA Pre-Primary IB Primary IA | Pink leotard with attached skirt & pink or skin-tone ballet tights OR White T-shirt and black pants or shorts | Pink or skin-tone ballet slippers with leotard; Black ballet slippers with T-shirt | Secured bun or pulled up (if long) |
| Primary IB (5–6) Primary IC (6–9) | Butter leotard with attached skirt & pink or skin-tone ballet tights OR White T-shirt and black pants or shorts | Pink or skin-tone ballet slippers with leotard; Black ballet slippers with T-shirt | Secured bun or pulled up (if long) |
| Ballet I (7–11) Ballet IA (8–14) | Turquoise leotard, turquoise skirt, & pink or skin-tone ballet tights OR Fitted white T-shirt and grey tights/unitard | Pink or skin-tone ballet slippers with leotard; White socks, white ballet shoes with T-shirt | Secured bun or pulled up (if long) |
| Ballet II (9–18) Ballet IIA (10–18) Ballet III (11–18) | Raspberry leotard, raspberry skirt, & pink or skin-tone ballet tights OR Fitted white T-shirt and grey tights/unitard | Pink or skin-tone ballet slippers with leotard; White socks, white ballet shoes with T-shirt | Secured bun or pulled up (if long) |
| Ballet IV (12–18) Ballet V (13–18) | Red leotard, red skirt, & pink or skin-tone ballet tights OR Fitted white T-shirt and grey tights/unitard | Pink or skin-tone ballet slippers with leotard; White socks, white ballet shoes with T-shirt | Secured bun or pulled up (if long) |
| Ballet VI/VII (14 & up) | Black leotard (camisole or tank); Black wrap skirt, medium length; practice tutu may be needed for variations (see instructor); & pink or skin-tone ballet tights OR Fitted white T-shirt and grey tights/unitard | Pink or skin-tone ballet slippers with leotard; White socks, white ballet shoes with T-shirt | Secured bun or pulled up (if long) |
| Conditioning for Dancers | Solid color leotard & pink or skin-tone ballet tights OR Fitted white T-shirt and grey tights/unitard | Bare feet | Hair down |
| All Teen & Adult | Solid color leotard & pink or skin-tone ballet tights, or fitted activewear; skirt optional OR Fitted white T-shirt and grey tights/unitard | Pink or skin-tone ballet slippers with leotard; White socks, white ballet shoes with T-shirt | Secured bun or pulled back (if long) |
| Character | Solid color leotard, character skirt (see instructor) & pink or skin-tone ballet tights OR Fitted white T-shirt & grey tights/unitard | Black hard toe, leather sole, 1½- or 2-inch heel character shoe with leotard; White socks, white ballet shoes with unitard | Secured bun or pulled up (if long) |
| Dance for Boys | Fitted white T-shirt & grey tights/unitard | White socks, white ballet shoes | Pulled up (if long) |
| Intermediate Allegro/Allegro Classes | Fitted white T-shirt & grey tights/unitard Dance belt; canvas belt or heavy elastic to secure tights at waist | White socks, white ballet shoes | Pulled up (if long) |

BALLET DRESS CODE NOTES:

- Pink or skin-tone ballet tights and ballet shoes should be worn. Elastic sewn across each arch for all ballet slippers. Recommended brands for ballet slippers: Bloch, Capezio, Sansha, SoDanca. Not recommended brands for ballet slippers: Dancemates.
- All ballet tights must be worn underneath the leotard and in ballet slippers.
- All hair should be worn in a bun, secured with bobby pins and hairnet so it does not become loose (ask the teacher for instructions).
- Levels Pre-Primary IA–Primary IC students should have a cap or tank sleeve leotard with attached skirt in appropriate colors.
- Levels Ballet I–Ballet V students can choose from camisole or tank leotards in appropriate colors.
- Tights labeled for “boys” or “men” are thicker, therefore more opaque, and may be necessary to provide adequate coverage. Under the tights, do not wear bulky underwear. Instead, wear a dance brief or a dance belt, which is a type of athletic supporter. Form-fitting T-shirts, athletic shirts with spandex, or leotards that look like shirts stay tucked in much better. Leotards labeled for “boys” or “men” offer a different fit and may be more comfortable for some.

EARLY CHILDHOOD

| Level(s) | Attire | Shoes | Hair |
|--|--|---|------------------------------------|
| Pre-Primary IA Pre-Primary IB Primary IA | Pink leotard with attached skirt & pink or skin-tone ballet tights OR White T-shirt and black pants or shorts | Pink or skin-tone ballet slippers with leotard; Black ballet slippers with T-shirt | Secured bun or pulled up (if long) |
| Little Happy Feet | Comfortable clothes for moving around | Tap shoes | Ponytail (if long) |
| Pre-Jazz | Leotard & leggings/tights/biker shorts | Jazz or ballet shoes | Ponytail (if long) |

EARLY CHILDHOOD DRESS CODE NOTE:

Pre-Primary IA–Primary IC students should have the cap or tank sleeve leotard with attached skirt in appropriate colors.

JAZZ & MUSICAL THEATRE DANCE

| Level(s) | Attire | Shoes | Hair |
|---------------------------|---|-----------------------------|--------------------|
| All students (all levels) | Black leotard & footless tights; footless unitard; jazz pants; biker shorts OR Black or white fitted shirt or leotard & black jazz pants or biker shorts | Black jazz split sole shoes | Ponytail (if long) |

HIP-HOP

| Level(s) | Attire | Shoes | Hair |
|---------------------------|-----------------------------------|---|--------------------|
| All students (all levels) | Loose fitting clothing (no denim) | Bring an extra pair of closed toe sneakers that have not been worn outside; No street shoes | Ponytail (if long) |

MODERN & CONTEMPORARY

| Level(s) | Attire | Shoes | Hair |
|---------------------------|--|-----------|------------------------------------|
| All students (all levels) | Black leotard & black footless tights OR Black or white fitted shirt or leotard & black footless tights or biker shorts; dance belt if needed | Bare feet | Secured bun or pulled up (if long) |

MODERN & CONTEMPORARY DRESS CODE NOTE:

All tights should be worn over leotard.

TAP

| Level(s) | Attire | Shoes | Hair |
|---------------------------------|--------------------------|--|--------------------|
| Tap Beginner I–Tap I | Athletic wear (NO jeans) | Flat, tie up, Oxford or Mary Jane tap shoe (black preferred) | Ponytail (if long) |
| Tap II & above (adult students) | Athletic wear (NO jeans) | Flat, lace up, oxford style tap shoe (black preferred) | Ponytail (if long) |

TAP DRESS CODE NOTE:

Recommend Capezio, Bloch, and SoDanca brands; Taps securely attached to shoe (avoid damage to floor); Preferably no split-soled shoes

SOCIAL/CULTURAL DANCE

| Level(s) | Attire | Shoes | Hair |
|-----------------------------|---|------------------------------------|--------------------|
| Cultural Dance (all levels) | Comfortable, loose fitting clothes OR leotard & tights | Bare feet | Ponytail (if long) |
| Social Dance (all levels) | Clean appearance (NO sweat pants, tennis shoes or rubber soled shoes) | Jazz, leather or suede soled shoes | Ponytail (if long) |

WHERE TO PURCHASE DANCEWEAR:

Discount Dance Supply | discountdance.com | 1.800.328.7107
Head to Toe Dancewear | 200 W. Argonne | 314.966.6258

St. Louis Dancewear | 9644 Olive Blvd. | 314.733.5678
Madison's Dancewear | 161 Long Rd, Suite 100 | 636.537.5456